

Celebrate • Remember • Fight Back



RELAY FOR LIFE OF ST. CHARLES PARISH, LA



**Campsite
map & schedule**

**Relay activities,
teams & themes**

**How your dollars
help ACS fight cancer**

MARCH 28, 2009

Relay for Life of St. Charles Parish 2009

West Bank Bridge Park
Luling, Louisiana
March 28, 2009

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A Word About Luminaria

Luminaria are those glowing bags in the center of the track. To the naked eye they appear to be nothing more than paper bags filled with sand and candles. But they tell a story.

Many represent those loved ones who are actively fighting cancer, while others are for those who have emerged victorious. Others are in memory of loved ones who are no longer with us and stand as a testimony of love and remembrance.

Luminaria are available at the information tent near the Bridge Park entrance.

Chairwoman's Message

Cancer is a heartbreaking, non-discriminating, painful enemy that knows no boundaries. It changes lives every day. Cancer causes about 13 percent of all deaths. According to the American Cancer Society, 7.6 million people died from cancer in the world during 2007.

My grandfather passed away of colon cancer at age 60. I was a little girl then, and I thought that was OK because he was old, and that was what happened when people aged. My grandmother was diagnosed twice with breast cancer when I was a teenager. Again I thought to myself, "Well, she survived, and it was *only breast cancer*. Besides, she is getting up in age."

In September 2001 I lost someone very dear to me – my aunt Anita Arabie. My aunt lost her battle to colon cancer at the very young age of 41. She was diagnosed only eight weeks prior to her death at the age of 40. Now that I am a young lady with a family of my own, I have realized that no cancer is just that. I know it is no longer acceptable for any one of any age, race, sex, body size or shape to lose this battle.

I may only be one person, but I know that with the help of Relay for Life and everyone in St. Charles Parish, **WE** can make a difference.

Even one person can make a difference. In the mid-1980s, Dr. Gordy Klatt, a Tacoma, Wash., colorectal surgeon, wanted to enhance the income of his local American Cancer Society office and show support for all of his patients who had battled cancer. He decided to personally raise money for the fight by doing something he enjoyed – running

marathons. In May 1985 Dr. Klatt spent a grueling 24 hours circling the track at Baker Stadium at the University of Puget Sound in Tacoma. He ran more than 83 miles.

That first year, nearly 300 of Dr. Klatt's friends, family and patients watched as he ran and walked the course. Throughout the night friends donated \$25 to run or walk with Dr. Klatt for 30 minutes. His efforts raised \$27,000 to fight cancer. While circling the track those 24 hours, Dr. Klatt thought about how others could take part in his mission to fight cancer. He envisioned a 24-hour team Relay event that could raise more money to fight cancer.

Over the next few months he pulled together a small committee to plan the first team Relay event, known as the City of Destiny Classic 24-Hour Run Against Cancer. In 1986, with the help of Pat Flynn – now known as the "Mother of Relay" – 19 teams took part in the first team Relay event on the track at the historic Stadium Bowl and raised \$33,000. An indescribable spirit prevailed at the track and in the tents that dotted the infield.

Now, as you have read about why I Relay and the story of how Relay began, please **tell us your story**. Help us raise awareness about cancer during this **one night, one fight**. And tell everyone you know to get **screened**.

– *Lacy Arabie Adams*
Relay Committee Chairwoman, 2009



Committee Members

| | |
|------------------------|---------------------------|
| Lacy Arabie Adams..... | Chair |
| Mikleen Louque..... | Co-Chair |
| Kendall Stall..... | Team Development |
| Bill Elrod..... | Logistics |
| Bobby Lovergne..... | Activities |
| Nan Borne..... | Luminaries |
| Barbara Dixon..... | Accounting |
| Renee A. Simpson..... | Publicity, Program Layout |
| Rachelle Johnson..... | Entertainment |



Relay Through the Years - TIME to Find a Cure

Mid-South Division Patient Resource Program

24-Hour Information (1-800-ACS-2345)

Trained cancer information specialists are available 24 hours a day, seven days a week to answer questions about cancer, link callers with resources in their communities, and give information on local events. This unique service provides needed information and support through the warmth of a live phone call. Spanish-speaking information specialists are available, and callers who speak languages other than English or Spanish can also be assisted.

www.cancer.org

This user-friendly site includes a cancer resource center with in-depth information on every major type of cancer, as well as an email service to answer your cancer questions. Visitors can order Society publications, read articles on the latest cancer news, and find other helpful cancer resources in their area. The site also includes a directory of medical resources and tools for managing day to day tasks and keeping track of appointments. Select content is available in Spanish.

Cancer Survivors Network

Created by and for cancer survivors and their families, this "Virtual" community offers unique opportunities and

accessibility to survivors, caregivers, and all those touched by cancer. It is a welcoming, safe place for people to find hope and inspiration from others who have "been there." Services include radio talk show conversation and interviews, individual stories, personal Web pages, discussion forums, an Expression Gallery, and more – available online at www.cancer.org.

Support, Visitation, and Education Resources

Reach to Recovery

Breast cancer survivors provide one-on-one support and information to help individuals cope with breast cancer. Specially trained survivors serve as volunteers, responding in person or by phone to the concerns of people facing breast cancer diagnosis, treatment, recurrence, or recovery.

Look Good...Feel Better

Through this service, women in active cancer treatment learn techniques to restore their self-image and cope with appearance-related side effects. Certified beauty professionals provide tips on makeup, skin care, nail care, and head coverings. This program is a partnership among the American Cancer Society, the Cosmetic, Toiletry, and Fragrance Assn. Foundation, and the National Cosmetology Assn.

Man to Man

This comfortable, community based setting for discussion and education provides men facing prostate cancer with support individually or in groups. Man to Man also offers

men the opportunity to educate their communities about prostate cancer and advocate with lawmakers for stronger research and treatment policies.

I Can Cope

Adult cancer patients and their loved ones learn ways to navigate the cancer experience while building their knowledge, coping skills, and positive attitude. In this series of educational classes, doctors and other health care professionals provide information, encouragement, and practical tips in a supportive environment.

Patient Assistance

This program allows us to provide one-time, limited financial assistance to qualified individuals experiencing hardship as a result of a cancer diagnosis when all other resources are exhausted. The program is designed to help meet the immediate need of the patient while developing a pool of resources that will allow us in the future to better assist patients with similar circumstances.

College Scholarship Program

The Mid-South Division has established a scholarship program that awards \$1,000 scholarships to young cancer survivors pursuing higher education. Students who were diagnosed with cancer before age 21, maintain a 2.5 GPA, and have been accepted to an accredited university, college or vocational school may apply for this competitive scholarship.

The American Cancer Society is the nationwide community-based voluntary health organization dedicated to eliminating cancer as a major health problem by preventing cancer, saving lives, and diminishing suffering from cancer, through research, education, advocacy, and service. No matter who you are, we can help.

Contact us anytime, day or night, for information and support.





Mimosa Park Elementary Helps Paint St. Charles Parish Purple - Mitzi Penick's first-graders (far top) and Dixie Todaro's third-graders get in the Relay spirit on March 12, 2009 for 'Paint the Town Purple' Day.

Your Dollars Help

Your support of Relay for Life of St. Charles Parish does many things to help cancer patients, survivors and ongoing cancer research. **Here's a look at where your dollars will go.**

- \$60 - Buys one case of latex gloves
- \$100 - Provides 10 patient information services
- \$120 - Buys one case of 144 Petri dishes
- \$150 - Buys one case of 500 test tubes
- \$250 - Buys wigs for 3 cancer patients or buys 83 hours of toll-free access to the National Call Information Center
- \$300 - Provides transportation for one patient for 30 treatments
- \$500 - Buys Reach to Recovery visits for five women
- \$800 - Cost of "Look Good... Feel Better" consultations for four women

- \$1,000 - Expenses for one patient for one day at a Hope Lodge
- \$2,000 - Cost of new microscope
- \$3,000 - Expenses for one patient in an ACS-funded clinical trial
- \$5,000 - Provides support group programs for 100 patients or buys a one-year supply of radioactive compounds to use in developing a new diagnostic test for prostate cancer
- \$8,000 - Buys an ultraviolet light source microscope and camera for identification of reactions of cell proteins by antibodies tagged with fluorescent dyes in a new diagnostic procedure for cervical cancer
- \$10,000 - One month's funding of the average American Cancer Society Research Grant or can purchase an apparatus to slice very thin sections from tumor tissues to study the gene amplication in breast cancer or hormone failure in prostate cancer



Cancer Action Network

What's the difference between the American Cancer Society and ACS CAN?

ACS CAN is a sister organization to the American Cancer Society. It was created to enable the steady growth of advocacy efforts that aim to eliminate cancer through legislative action. Because of the ACS' nonprofit status and IRS guidelines, it is unable to take on these efforts to the extent of ACS CAN.

How will ACS CAN do its part in eliminating cancer?

- ACS CAN will:
- Create and distribute voter guides, detailing candidates' positions on specific health-related issues, to ACS volunteers and donors
 - Host debates, town forums and other

events around the country where candidates' views on cancer-related issues are tested and discussed

- Engage in more active lobbying on cancer issues for all ACS constituents
- Educate the public and media more directly about cancer and the political cancer agenda
- Hold lawmakers accountable for their votes and opinions regarding cancer

Will ACS CAN take sides in the political arena?

Definitely not. ACS CAN is a nonpartisan organization that operates on a free-form, ideological basis aiming to find a cure for cancer on behalf of its constituents. ACS CAN will not:

- Expressly endorse or advocate defeat of political candidates or political parties

- Form Political Action Committees (PACs)
- Contribute money to or on behalf of political candidates

Does ACS CAN have a membership program and does it cost anything?

By becoming a member of ACS CAN, you join a nationwide grassroots organization dedicated to eliminating cancer. As a member, you will receive regular electronic newsletters to keep you informed and up-to-date on all ACS CAN progress. You may also be contacted to attend ACS CAN events, or be sent action alerts on important legislative issues asking you to take action by writing a letter, sending an e-mail, or making a phone call to an elected leader. The small \$10 donation will fund ACS CAN legislative advocacy efforts to increase government funding of cancer research, prevention and treatment programs. This fee also allows ACS CAN to issue advertisements and create constituent voter guides to put pressure on elected officials.

How do I find out more?

Please visit www.ACSCAN.org/relay for more information and answers.



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Luminaria



Bronze



Fight Back Banner



Wreath of Hope Sponsors: Inspectorate, Intertek Caleb-Brett, Savage Services

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www.stch.net | 1057 Paul Maillard Rd. | Luling, LA | 987-785-6242



Schedule of Events

All-Night Entertainment by DJ Fish

6 PM.....Opening Ceremony
6:15 PM.....Survivor Ceremony
6:30 PM.....Survivor Lap
7 PM.....Bubblegum Pie-Eating Contest
 Silent Auction Begins
 Horseshoe Tournament Begins
 Chili Cook-Off Judging Begins
8 PM.....Fear Factor Challenge
 Dessert Bake-Off Judging Begins
8:30 PM.....Mummy Wrap Relay
9 PM.....Luminaria Ceremony
9:30 PM.....Fight Back Ceremony
10 PM.....Softball Tournament Begins

10:30 PM.....Deal or No Deal (Kids)
11 PM.....Campsite Judging
 Volleyball Tournament Begins
11:30 PM.....Fear Factor Challenge
Midnight.....Limbo
12:30 AM.....Miss-ter Relay Pageant
1:30 AM.....Fear Factor Challenge
2 AM.....The Not-So-Newlywed Game
 Water Balloon Toss
3 AM.....Deal or No Deal (Adults)
 Silent Auction Ends
4 AM.....Don't Forget the Lyrics
5 AM.....Closing Ceremony

Be sure to check out all of Relay's tents and events!

Tonight we are also honoring the memory of team member **Jacque Griffin**.

Our team really enjoys the opportunity to be a part of Relay for Life.

Walmart

Walmart store 2913, located on Highway 90 in Boutte, first started with Relay for Life in 2001 and has been a part of Relay for Life of St. Charles Parish ever since, with the exception of 2008 due to the store's remodeling schedule.

The teams are happy to be back in 2009 and are planning to have lots going on at their Relay booths this year. They will be selling hot roast beef po-boys, chips and a drink for \$5. For the kids, they will be selling confetti eggs three for \$1. You will also be able to play the "Balloon Blast" game - Throw a dart and pop a balloon and you could win a great prize!

You can also purchase raffle tickets to win various prizes. You will also be able to help "CRUSH CANCER" by taking a swing at our "Cancer Car!" Come over to the Walmart tents and have some fun for a great cause!

Vous

Vous Salon and Spa has been participating in Relay for Life of St. Charles for the past three years since we opened our establishment in January 2007. Our team is made up of employees: Team Captain Tisha Breaux, Lacy Arabie Adams, Megan Clement, Nicole Chauvin, Theresa Fonseca, Nicole Matherne, Charlotte Troxler, Jennifer

Troxler and Kadie Verdin and their family members and friends, including Jean Boyer. Bring your little one to our Bippy-Boppity-VOUSTique where they can come and transform into a princess for the night. We will also be offering chair massages for \$1 a minute, mini facials with makeup application for \$20, and a kissing booth for \$1. We will also be serving jambalaya and sweets.

Valero

Valero has been participating in Relay for Life for the past five years. Our Theme is "Feelin Groovy for A Cure."

Valero will be serving Deer Sauce Piquant for \$4 a bowl and Jeff's Famous Pastalaya for \$3 a bowl.

This year we will have three teams consisting of the following people: Barbara Dixon, Denise Allotto, Jerry Bourgeois, Titus Chen, Dawn Cheramie, Ricky Cheramie, Mary Ann Conzonere, Randy Conzonere, Ron Guillory, Dennis Hodges, Janis Landry, David Larrieu, Debbie Larrieu, Carrie Polk, Vic Cheramie, Clint Guidry, Casey Keller, Glenn Madere, Tracy Marchetta, Chris McGill, Wayne Middlebrook, Dwayne Phinney, Estelle Quijana, Gary Steckel, Kena Steckel, Brent Stratton, Doug Triche, Codey Borne, Nancy Borne, Cassie Brisset, Larry Brisset, Jeff Louque, Lauren Louque, Mikleen Louque, Tanner Louque, Lisa Robert, Marten Zeringue and Mary White.

Be sure to visit relayforlife.org for more information on cancer research. Visit www.relayforlife.org/stcharles to keep up with all the Relay for Life of St. Charles activities throughout the year.

Cancers & Colors

Pink Ribbon - Breast Cancer
Teal Ribbon - Ovarian Cancer
Clear Ribbon - Lung Cancer
Purple Ribbon - Pancreatic Cancer
Orange Ribbon - Leukemia
Black Ribbon - Melanoma
Royal Blue Ribbon - Colon Cancer
Burgundy Ribbon - Multiple Myeloma
Grey Ribbon - Brain Cancer
Light Blue Ribbon - Prostate Cancer
Gold Ribbon - Childhood Cancers
Lavender Ribbon - General cancer Awareness
Lime Green Ribbon - Lymphoma
Peach Ribbon - Uterine Cancer
Kelly Green Ribbon - Kidney cancer
Teal/White Ribbon - Cervical Cancer
Beige / Burgundy Ribbon - Oral, head and neck Cancer



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THE DOCTOR TAKES A LOOK AT YOUR COLON AND IF THERE'S A POLYP, IT'S REMOVED BEFORE IT TURNS INTO CANCER.

Now you know how you can prevent colon cancer.

If you're 50 or older, talk to your doctor about getting tested for colon cancer. For a free information packet on the different ways you can be tested, call 1-800-ACS-2345 or visit www.cancer.org/colon.

American Cancer Society

TERRY AUTHEMENT
 Council Chairman
 Councilman-At-Large Division B

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TEAM INFO (Cont.)

Relay.

The Real Survivors Cancer relay team has a standing invitation to all cancer survivors to join our team and help the American Cancer Society find the cure. Stop by our campsite at the Relay and join our team for next year!

Roundup a Cure

Monsanto has been participating in Relay since 2000.

Team Members include Lindsey Landry (captain), Mellissa Douglas (captain), Terrence Carlin, Tracy Carmen, Scott Conlin, Peyton Dufrene, Karen Garneau, Kristin Gordon, Justin Grandt, Sherry Hurtin, Rosa Flores-Jole,



Antoine Liddell, Benny Monteleone, Patrice Montgomery, Brandy Sevin, Jeff Thompson, Jan Thompson, Christina Walker and Lawrence Williams.

The team will sell ham and corn soup, peanuts, iced tea and sodas during Relay. They'll host spin the wheel and peg flip games, and winners claim FANTASTIC prizes.

There will also be 50/50 raffle ticket available and raffle tickets for a "Cajun Adventures" fishing trip for three. The prize includes meals, three fishing shirts and one rod. All prize and raffle drawings will be held directly after the silent auction results are announced.

Be sure to visit www.cancer.org for cancer prevention information and support services for cancer patients.

Striking Out Cancer

Team members include Duane Foret, Robert Brown, Theresa Theriot, Kenny Guedry, Randy Roth, Jeanne Arabie, Ruby Tonglet, Celestine Williams and Brenda Brown. The team consists of St. Charles Parish Parks and Recreation Department employees.

This is the second year the team has been involved in Relay for Life.

Striking Out Cancer will be selling hot dogs and chili and raffling off prizes. They'll also have a space walk and a variety of children's games.

Throw Me a Cure

Our team "Throw Me a Cure" came about in February 2008 when a group of family and friends were hanging out and celebrating the good news that our dear friend, Gail Tobin, had been pronounced CANCER FREE! We wanted to do more; to make a contribution.

We found Relay for Life and formed our team. Five short weeks later, from registration to event, we became a successful Throw Me a Cure team.

The mission of our team's second Relay for Life event is to continue the celebration of our dear and loved family and friends, to remember and honor our departed loved ones, to support those close to us now battling this horrific disease and to celebrate, remember and support so many other loved ones.

We are determined to do our part in putting an end to cancer, we pray in this decade! Kudos to our great team: Gail Tobin, Joy Elliott, Cami DeRoche, Kim Matherne, Liz Fisher, Blandon Zeringue, Nikki Betz, Renee Prestenback, Kerri Johnson, Blaire Barrios, Barbara Barrios, Audrey Raziano, Tomilee Abadie, Missie Coffey, Danny Tobin, Amanda Polkey, Meeka Joyce, Juanita Marino, Michelle Joseph, Elaine Comardelle, Jeffery Zeringue and Kathy Fisher.

Throw Me a Cure teams one, two and three will be offering pulled pork

sandwiches and cole slaw, parade of prizes raffles, grab bags for children, fishing game for children and face painting.

V.J.'s Victorious Warriors

VJ's Victorious Warriors is made up of St. Charles Parish government employees from various departments.

Our mission has been to fight for a cure for cancer using the U.S. Marine veteran spirit of Parish President VJ. St. Pierre. This is the second year we have been participating in Relay for Life. Last year, VJ. served as Relay's honorary chair.

This year we will be selling personalized luggage tags and sponsoring a raffle, as well as selling much-needed drinks! Be sure to come to our tent and check it out! We'll be decked out in our best gear from the 1970s.

Our team members are Kendall Stall (captain), Renee A. Simpson, Anedra Coleman, Bobby Donaldson, Rusty Walker, Donna Orgeron, Sandy Zimmer, Holly Fonseca, Bruce Pitre, Renee Agurcia, Sammy Accardo, L.J. Brady and Kim Perret.

Watering for a Cure

St. Charles Parish Waterworks has been participating in Relay for Life for the past two years. Our team name is "Watering for a Cure."

Our specialty the night of Relay is hot boiled crawfish with corn, potatoes and sausage. This item sells really well and really quickly!

Our team consists of mainly the same team members, but we have had a few additions this year: Rachelle Johnson, Dustin Zeringue, Suzanne Porche, Eddie Lampo, Joshua Butts, Darren Territa, Laurent "L.J." Ruiz, Robert Brou, Terrence Bergeron, Roger Rankin, Sean Lewis, Allen Howard and Carey Rochelle.

Who's That Team?

Local Relayers hail from family, workplace

The Real Survivors

The Real Survivors Cancer Relay Team started out after the 1999 Relay for Life event in St. Charles Parish as an idea among several cancer survivors. The idea was to form a team made up of 100 percent cancer survivors to help other people dealing with the fight against cancer. Starting with the Relay in 2000, the team's membership has included a wide variety of cancer survivors, and usually some members are undergoing some stage of treatments.

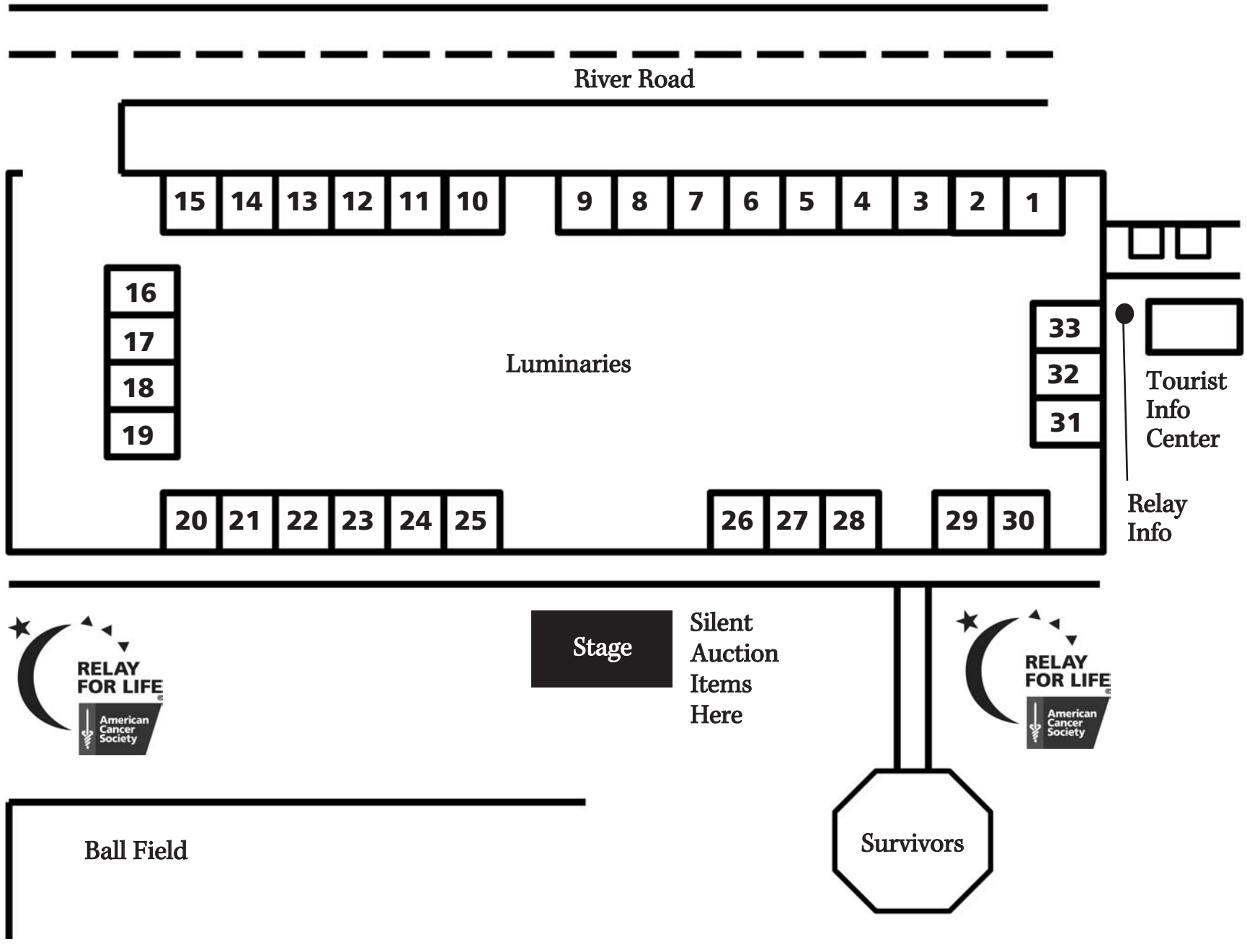
This year's team members include Team Captain Bill Elrod and Mike Daigle, who are charter members. (Mike was also the first Relay King.) Other members are Anita Hymel, whose mother was a charter member; and Mike's wife, Martha, a caretaker who later became eligible to join the team. Jim Pierce and Margie Brannen were team members and now they are Mr. and Mrs. They are also past King and Queen of Relay. Billie Kinder is the matriarch of the team, and Ron Kruse is a former co-worker of Bill, Mike and Jim. Rookie members of the team this year are Roseanne Mire and Richard King, who both became eligible for team membership within the past year.

Former team members who have graduated to the hall of fame include charter members Louise Champagne and Harry Vickers, Carol Pierce, Art Robinson, Joe Danford, Vince Matherne, Neila Swann and Richard Lakatos.

The team's primary fundraiser for the American Cancer Society has been the raffle of a chartered fishing trip generously donated by team member and charter Captain Mike Daigle. Captain Mike runs the Cast-It Charters out of Lafitte and is one of the most successful and popular charter captains in the area. Tickets are sold before and during the event with a drawing at the close of

CONTINUED ON PAGE 8





50/50 Raffle, Raffle - "Cajun Adventures" Fishing Trip

- 20-21 **Zachry**
Captain: Christine Candies
- 22-23 **Striking Out Cancer**
Hot Dogs & Chili, Prize Raffles, Space Walk, Children's Games
- 24-25 **Hahnville HS ROTC**
Captains: Robert Lovergne, Carri Williamson
- 26 **Legendre/Berthelot**
Captains: Sandy Legendre, Darby Berthelot
- 27 **Lakewood School**
Captain: Hettie Averite
- 28 **V.J.'s Victorious Warriors**
Custom Luggage Tags, Prize Raffle, Hamburgers, Drinks
- 29 **P.A.C. Pals**
Basket Raffle, Cake Raffle, Face Painting, Pac-Man, Petting Zoo
- 30 **SCP Waterworks**
Boiled Crawfish with Corn, Potatoes and Sausage
- 31-33 **Walmart**
Hot Roast Beef Po-Boys, Chips, Drinks, Confetti Eggs, Balloon Blast Game, Raffle Tickets, Cancer Car Crush

- NOT SHOWN:**
- The Seniors Supreme**
(Captain: Fay Caire)
 - Luling Volunteer Fire Department Smokehouse**

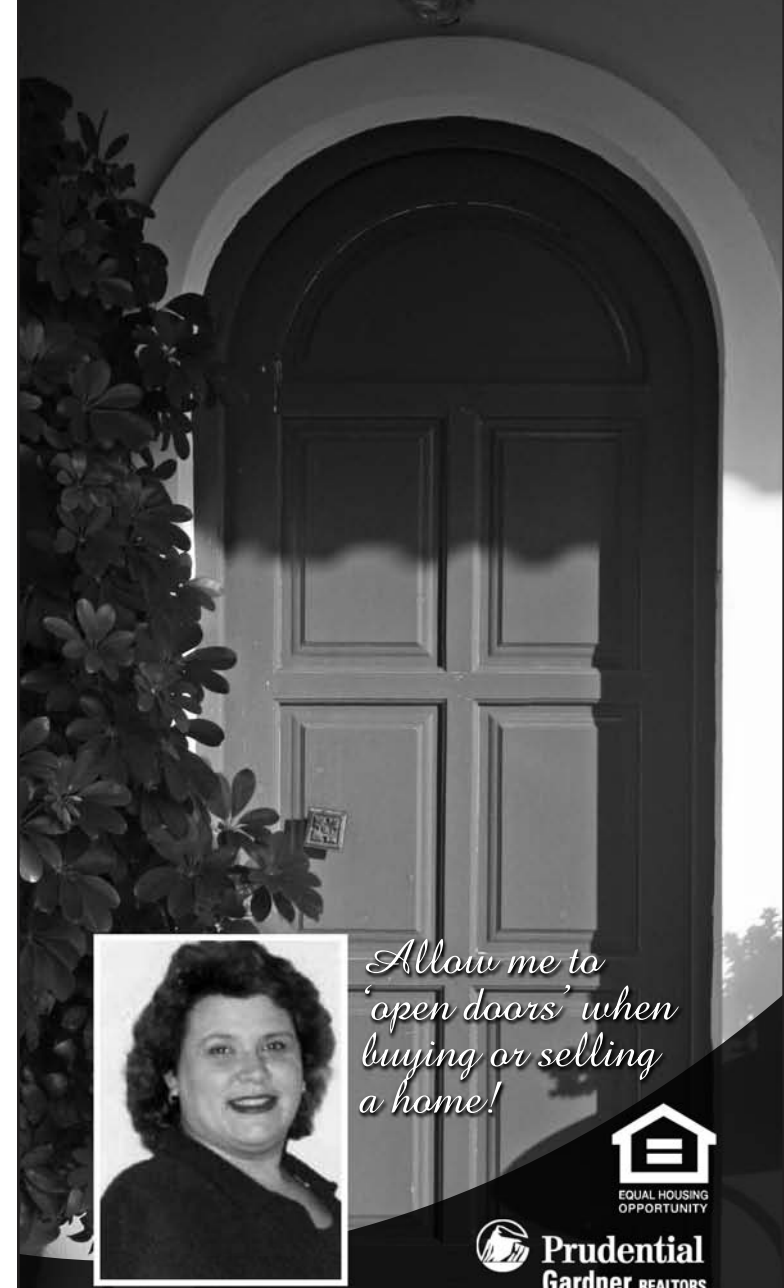
PLEASE NOTE:
All activities and campsites are subject to last-minute changes. Some activities are not be listed on this map, so be sure to check out all the campsites.

Relay 2009 Campsites

- 1 **Wastewater Angels**
Hot Dogs, Nachos
- 2-4 **Throw Me a Cure**
Pulled Pork Sandwiches, Cole Slaw, Parade of Prizes Raffles, Grab Bags for Children, Fishing Game for Children, Face Painting
- 5 **Beta Sigma Phi**
Captain: Sharon Woolf
- 6-8 **Valero**
Deer Sauce Piquant, Pastalaya
- 9 **The Real Survivors**
Raffle - Chartered Fishing Trip with Captain Mike Daigle
- 10-11 **Vous Salon & Spa**
Bippty-Boppity-VOUSTique, Chair Massages, Mini Facials with Makeup, Kissing Booth, Jambalaya, Sweets

- 12-14 **J.B. Martin Middle Student Council**
Captains: Shawn Helden, Lindsey Weeks, Claire Herrera
- 15 **J&K Printing & Office Supply**
Captain: Tanya Colee
- 16 **St. Charles Hospital**
Captain: James Miller
- 17 **R.K. Smith Beta Club**
Captain: Joan Growl
- 18-19 **Roundup a Cure**
Ham and Corn Soup, Peanuts, Iced Tea, Sodas, Spin the Wheel, Peg Flip,

RELAY FOR LIFE *opens doors* TO A CURE



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